



# YOUR MENU @

**AVENUE  
PRIMARY SCHOOL**

----- Autumn - Winter 2023/24 -----

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
First Choice	Sweet Chilli Meatballs with Pasta	Lamb & Lentil Lasagne served with Garlic Bread	Roast Chicken & Stuffing served with Roast Potatoes	Shepherd's Pie	Fish Fingers with Chips
Second Choice	Veggie Frankfurter Hot Dog with Jacket Wedges <span>V</span>	Fish Biryani	BBQ Chicken in a Tortilla Wrap served with Coleslaw	Cheese & Tomato Pizza <span>V</span>	Veggie Quesadilla with Chips <span>V</span>
Vegetarian Choice	Vegetarian Pasta & Mixed Bean Bake <span>PB</span>	Vegetarian Koftas In Flatbread with Greek Salad <span>V</span>	Cheese & Leek Flan served with Roast Potatoes <span>ND</span> <span>V</span>	Vegetable & Lentil Curry served with Rice <span>PB</span>	Veggie Dippers with Chips <span>V</span>
Vegetable Selection	Sweetcorn Fresh Broccoli	Green Beans Fresh Carrots	Seasonal Fresh Vegetables	Mixed Vegetables Sweetcorn	Garden Peas Baked Beans
Dessert of the Day	Frozen Yogurt with Fruit	<span>ND</span> Banana Slice <span>SS</span> (egg free)	Cinnamon Rice Pudding <span>SS</span>	Apple Crumble with Custard <span>SS</span>	Fruit & Jelly with Ice Cream

Daily Options

Salad Bar / Freshly Baked Bread / Fresh Fruit / Fruit Yoghurt

**WEEK 1**

30 OCT, 20 NOV, 11 DEC, 1 JAN, 22 JAN, 19 FEB, 11 MAR

MEAT SERVED AT THIS SCHOOL IS HALAL

KEY: V - Vegetarian PB - Plant Based SS - Sugar Smart  
ND - New Dish FGR - In association with Forest Green Rovers

Eat for Free Scheme funded by



**DINEin**  
AND DISCOVER





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----- Autumn - Winter 2023/24 -----

WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
First Choice	Chicken Sausages With Mashed Potatoes	Lamb & Vegetable Jollof Rice	Roast Chicken & Yorkshire Pudding with Roast Potatoes	Greek Style Souvlaki Chicken with Rice	Fish Fingers with Jacket Wedges
Second Choice	Piri Piri Chicken with Rice	Jacket Potato with Cheese & Beans <span>V</span>	Spinach & Feta Whirl served with Roast Potatoes <span>V</span>	Ratatouille Ravioli <span>PB</span>	Tandoori Chicken in Naan with Salad
Vegetarian Choice	Thai Style Veggie Rice Bowl <span>PB</span>	Sweet Potato Macaroni Cheese <span>V</span>	Forest Green Rovers Vegan Burger in a Bun with Salad <span>PB</span>	Chickpea & Potato Curry with Rice <span>PB</span>	Vegetarian Sausage Roll with Baked Jacket Wedges <span>PB</span>
Vegetable Selection	Sweetcorn Fresh Broccoli	Fresh Carrots Green Beans	Seasonal Fresh Vegetables	Mixed Vegetables Sweetcorn	Garden Peas Baked Beans
Dessert of the Day	Raspberry Ice Cream Sponge Roll	<span>ND</span> Fruit Pudding & Custard (egg free) <span>SS</span>	Pineapple Cheesecake <span>SS</span>	Lemon & Courgette Cake with Custard <span>SS</span>	Waffles with Fruit & Ice Cream

Daily Options

Salad Bar / Freshly Baked Bread / Fresh Fruit / Fruit Yoghurt

**WEEK 2**

6 NOV, 27 NOV, 18 DEC, 8 JAN, 29 JAN, 26 FEB, 18 MAR

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----- Autumn - Winter 2023/24 -----

WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
First Choice	Lamb Burger in a Bun with Salad & Jacket Wedges	Spaghetti Bolognese with Garlic Bread	Roast Chicken served with Yorkshire Pudding & Roast Potatoes	Chicken & Vegetable Pie with Mashed Potatoes	Fish Fingers served with Baked Jacket Wedges
Second Choice	Veggie Keema served with Raita & Naan Bread <span>V</span>	Jacket Potato with Cheese & Beans <span>V</span>	Veggie & Lentil Pasta Bake <span>PB</span>	Lamb Tikka Masala served with Rice	Mexican Chicken Burrito
Vegetarian Choice	Mixed Bean Quesadilla <span>PB</span>	Vegetable Samosa served with Rice & Dhal <span>PB</span>	Vegetable 'Toad in the Hole' served with Roast Potatoes <span>V</span>	Sweet Pepper & Feta Frittata with Mashed Potatoes <span>V</span>	Quorn Pattie Muffin with Baked Jacket Wedges <span>V</span>
Vegetable Selection	Sweetcorn Fresh Broccoli	Green Beans Fresh Carrots	Seasonal Fresh Vegetables	Mixed Vegetables Sweetcorn	Garden Peas Baked Beans
Dessert of the Day	Frozen Yoghurt with Fruit	<span>ND</span> Carrot Cake (egg free) <span>SS</span>	Fruit Smoothie	Chocolate Sponge & Chocolate Custard <span>SS</span> (egg free)	Strawberry Mousse with Fresh Fruit <span>SS</span>

Daily Options

Salad Bar / Freshly Baked Bread / Fresh Fruit / Fruit Yoghurt

**WEEK 3**

13 NOV 4 DEC 15 JAN 5 FEB 4 MAR 25 MAR

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