



YOUR MENU @

AVENUE SCHOOL

Spring - Summer 2022

WEEK I	Monday	Tuesday	Wednesday	Thursday	Friday
First Choice	Peri Peri Chicken Pasta Bake	Baked Sausages served with Mashed Potatoes	Roast Chicken with Lemon Stuffing served with Roast or New Potatoes	Lasagne with Homemade Garlic Slice	"Catch of the Day" in Batter served with Jacket Wedges
Second Choice	Oriental Vegetable & Quorn Sweet & Sour Stir Fry with Egg Noodles	Chicken Fajita with Peppers, Salsa & Natural Yoghurt	'Fishwich' served In a Bun with Roast or New Potatoes	Sri Lankan Fish & Lentil Curry with Basmati Rice	Cajun Spiced Roast Vegetable Stew with Jacket Wedges
Vegetarian Choice	"The Vegan Burger" served with Tomato, Mushroom & Vegan Mayo	Veggie Keema & Naan served with Raita	Feta, Spinach & Red Pepper Whirl served with Roast or New Potatoes	Fresh Pomodoro Pasta Parcels	Homemade Pizza Slice served with Jacket Wedges
Vegetable Selection	Sweetcorn Fresh Broccoli	Green Beans Fresh Carrots	Seasonal Fresh Vegetables	Mixed Vegetables Sweetcorn	Garden Peas Baked Beans
Dessert of the Day	Raspberry Ripple Ice Cream Sponge Roll	Freshly baked Chocolate Sponge Slice served with Chocolate Custard	Apple Crumble served with Vanilla Ice Cream	Freshly baked Plum Cake served with Custard	Belgian Style Waffle served with Fruit Salad

Daily Options

Salad Bar / Freshly Baked Bread / Fresh Fruit / Fruit Yoghurt

WEEK I

18 APR, 9 MAY, 6 JUN, 27 JUN, 18 JUL, 5 SEPT, 26 SEP, 17 OCT

Meat served at this school is Halal

KEY: - Vegetarian - Plant Based - Sugar Smart
 - New Dish - In association with Forest Green Rovers

Eat for Free Scheme funded by



DINEin

AND DISCOVER



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WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
First Choice	'New York' Style Meatballs served with Penne Pasta	Tuna Pizza with Jacket Wedges	Roast Turkey with Yorkshire Pudding served with Roast or New Potatoes	Beef or Lamb & Vegetable Jolloff Rice	Fish Fingers served with Chips
Second Choice	ND Chicken & Plum Stir Fry served with Bok Choi & Noodles	BBQ Chicken with Jacket Wedges	Kickin' Tandoori Chicken Wrap	ND Creamy Butternut Squash Pasta Bake	Cheese & Onion Slice with Chips
Vegetarian Choice	Quorn Frankfurter Hot Dog in a Roll with Tomato & Onion Relish	Mozzarella, Tomato & Basil Pizza with Jacket Wedges	Lentil Roast with Yorkshire Pudding served with Roast or New Potatoes	Southern Style Burger in a Roll with Coleslaw	ND Beany Tacos with Sweetcorn & Chips
Vegetable Selection	Sweetcorn Fresh Broccoli	Fresh Carrots Green Beans	Seasonal Fresh Vegetables	Mixed Vegetables Sweetcorn	Garden Peas Baked Beans
Dessert of the Day	ND Apple & Carrot Cake served with Custard	Frozen Yoghurt served with Fruit Salad	Jelly served with Summer Fruit	ND Freshly baked Strawberry Yoghurt Cake served with Custard	Freshly baked Black Forest Slice served with Ice Cream

Daily Options

Salad Bar / Freshly Baked Bread / Fresh Fruit / Fruit Yoghurt

WEEK 2

25 APR, 16 MAY, 13 JUN, 4 JUL, 12 SEPT, 3 OCT

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KEY: **V** - Vegetarian **PB** - Plant Based - Sugar Smart
ND - New Dish - In association with Forest Green Rovers

DINEin

AND DISCOVER



YOUR MENU @

AVENUE SCHOOL

Spring - Summer 2022

WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
First Choice	Japanese Chicken Katsu Curry served with Oriental Vegetable Stir Fry & Noodles	ND Creamy Chicken & Spring Vegetable Potato Topped Pie	Roast Beef or Lamb & Yorkshire Pudding served with Roast or New Potatoes	Jerk Spiced Chicken served with Rice & Peas	Fish Fingers served with Chips
Second Choice	ND Tomato & Broccoli Mac & Cheese with Rosemary Focaccia V	Beef or Lamb Burger served in a Bun with Salad & Jacket Wedges	"Greek on the Street" Chicken Souvlaki served with Folded Flatbread	Kickin' Chicken Burrito with Salsa & Coleslaw	ND Chicken Tikka Naan with Indian Style Salad & Yoghurt
Vegetarian Choice	Mixed Bean Quesadilla PB	ND Thai Style Veggie Rice Bowl with Green Beans & Coriander PB	Veggie Sausage 'Toad in the Hole' served with Roast or New Potatoes & Gravy V	Moroccan Style Vegan Tagine with Couscous PB	Homemade Veggie Sausage Roll served with Chips PB
Vegetable Selection	Sweetcorn Fresh Broccoli	Green Beans Fresh Carrots	Seasonal Fresh Vegetables	Plantain Sweetcorn	Garden Peas Baked Beans
Dessert of the Day	Freshly baked Fruity Flapjack S	ND Lemon & Lime Cheesecake S	Frozen Fruit Smoothie	Freshly baked Sticky Mandarin Sponge Cake served with Ice Cream S	Freshly baked Chocolate Shortbread S

Daily Options

Salad Bar / Freshly Baked Bread / Fresh Fruit / Fruit Yoghurt

WEEK 3

2 MAY, 23 MAY, 20 JUN, 11 JUL, 19 SEPT, 10 OCT

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ND - New Dish **FGR** - In association with Forest Green Rovers

DINEin

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